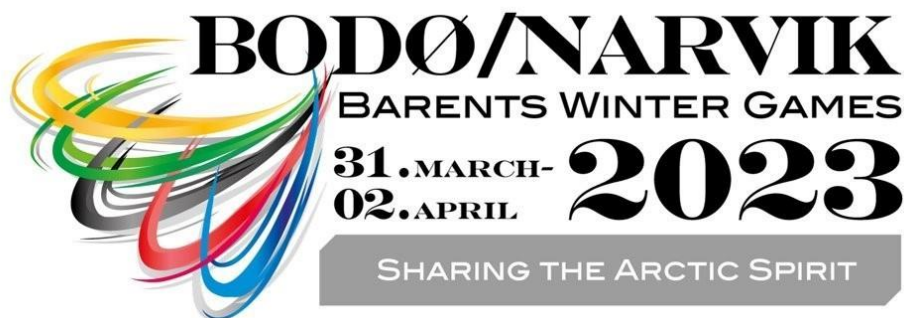




INVITATION BARENTS WINTER GAMES (BWG)

Bodø 31. March – 2. April 2023

With great pleasure, the Barents Sport Committee Norway will invite you to participate in BWG 2023 in Bodø, Norway.

Men's Artistic Gymnastics and Women's Artistic Gymnastics

Age group: Boys and girls born 1998-2008

Saturday – team competition and individual all-around, no apparatus finals but apparatus winners will be awarded.

Team structure: MAG: max 5 gymnasts, 1 coach, 2 judges.

WAG: max 5 gymnasts, 1 coach, 2 judges. 1 leader

The competition format will be 5-4-3 for both MAG and WAG. Competition rules: CoP junior

Framework for the event:

Friday March 31th Arrival in Bodø, accreditation and check-in at the hotels (after 12:00). For some sports: start of competitions. 20:00 opening ceremony.

Saturday April 1th Competitions. 20:00 Get-together

Sunday April 2th Departure.

Barents Sport Committee Norway will book the following:

- Accommodation in hotels (double/triple/quad rooms) from Friday to Sunday;
- Transport: hotels-arenas-hotels from Friday to Sunday;
- Meals:
 - March 31th – dinner
 - April 1th – breakfast, lunch at the arena, dinner
 - April 2th – breakfast, lunch at the hotel

Contact information

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Information about Barents Winter Games 2023 will be published on our webpage: www.barentssports.com. Follow us on [Facebook](#) and [Instagram](#)!

Deadline for registration is March 1th 2023!

Program Artistic Gymnastics

Friday March 31th

12.00 – 16.00	Arrival in Bodø, accreditation and check-in at the hotels.
12.00 – 18.30	Registration office in the hotel is open
17.30 – 19.30	Dinner at the hotel
20.00 – 21.00	Opening Ceremony at Scandic Havet Hotel

Saturday April 1th

06.30 – 08.30	Breakfast at the hotel
09:00	Transportation to the arena
09.30 – 10.00	Individual Warm up
10.00 – 12.00	Scheduled warm up on apparatuses
11.00 – 14.00	Lunch at the arena
12.00 – 15.20	Competition
15.00	Transportation to the hotel
17.30 – 19.30	Dinner at the hotel
20.00 – 22.00	Get Together at Scandic Havet Hotel

Sunday April 2th

06.30 – 10.00	Breakfast at the hotel
	No competitions
12.00	Lunch at the hotel
15.00	Home departure

There might be small changes in the schedule.

